

The number of young people catching measles has risen in the UK and other parts of Europe. It's never too late to be vaccinated. You need two doses of MMR one month apart to be fully protected against measles, mumps and rubella.

Measles symptoms include: high fever; sore, red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the initial symptoms.

It's time to make measles a disease of the past

Don't let your child catch it

get them vaccinated with the MMR vaccine

If you have symptoms of measles, phone your GP or MEDS out of hours for advice.



For more information contact your local GP surgery or visit: www.gov.im/vaccinations